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**Meniu săptămânal**  
**28.09.2026-04.10.2026**

| LUNI<br>28.09.2026<br>MENIUL ZILEI | DIMINEAȚA<br>8:30-9:00                                                                                              | GUSTARE<br>10:00      | PRÂNZ<br>12:30-13:00                                                                                                                                     | GUSTARE<br>16:00                | SEARA<br>17:30-18:00                                                                                                    |
|------------------------------------|---------------------------------------------------------------------------------------------------------------------|-----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| TBC, SECHELE<br>TBC, NEOPLAZII     | CACAO CU LAPTE 250 ML<br>SALAM VICTORIA 100 GR<br>BRANZA TOPITA 35 GR<br>PAINE 100 GR<br>UNT 20 GR<br>MASLINE 70 GR | BANANE 150-<br>200 GR | CIORBA DE PERISOARE CU OREZ 250<br>ML, E CARNE PORC 150G GR<br>CARTOFI NATUR 250 GR CU PIEPT DE<br>PUI 200 GR<br>CASTRAVETI MURATI 70 GR<br>PAINE 100 GR | GOGOSI CU<br>CIOCOLATA 80<br>GR | PESTE MERLUCIU LA TAVA 200GR<br>BRANZA CU SMANTANA 100 GR SI<br>MAMALIGA 100 GR<br>OREZ CU LAPTE 250 GR<br>PAINE 100 GR |
| NTBC                               | CACAO CU LAPTE 250 ML<br>SALAM VICTORIA 100 GR<br>BRANZA TOPITA 35 GR<br>PAINE 100 GR                               |                       | CIORBA DE CARTOFI CU OREZ 250 ML<br>CARTOFI NATUR 250 GR CU PIEPT DE<br>PUI 200 GR<br>CASTRAVETI MURATI 70 GR<br>PAINE 100 GR                            |                                 | PESTE MERLUCIU LA TAVA 200GR<br>BRANZA CU SMANTANA 100 GR SI<br>MAMALIGA 100 GR<br>OREZ CU LAPTE 250 GR<br>PAINE 100 GR |
| HEPATIC                            | LAPTE 250 ML<br>SALAM VICTORIA 100 GR<br>BRANZA TOPITA 35 GR<br>PAINE 100 GR<br>UNT 20 GR<br>MASLINE 70 GR          | BANANE 150-<br>200 GR | CIORBA DE PORC CU OREZ 250 ML<br>CARNE PORC 150G GR<br>CARTOFI NATUR 250 GR CU PIEPT DE<br>PUI 200 GR<br>PAINE 100 GR                                    | GOGOSI CU<br>CIOCOLATA 80<br>GR | PESTE MERLUCIU LA TAVA 200GR<br>BRANZA CU SMANTANA 100 GR<br>OREZ CU LAPTE 250 GR<br>PAINE 100 GR                       |
| DIABET                             | LAPTE 250 ML<br>SALAM VICTORIA 100 GR<br>BRANZA TOPITA 35 GR<br>PAINE 100 GR<br>UNT 20 GR<br>MASLINE 70 GR          | BANANE 150-<br>200 GR | CIORBA DE PERISOARE CU OREZ 250<br>ML, CARNE PORC 150G GR<br>CARTOFI NATUR 250 GR CU PIEPT DE<br>PUI 200 GR<br>CASTRAVETI MURATI 70 GR<br>PAINE 100 GR   | BISCUITI FARA<br>ZAHAR 60 GR    | PESTE MERLUCIU LA TAVA 200GR<br>BRANZA CU SMANTANA 100 GR SI<br>MAMALIGA 100 GR<br>LAPTE 250 GR<br>PAINE 100 GR         |

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| <b>ENTEROCOLITA</b> | CEAI DE MENTA 250 ML<br>PAINE PRAJITA 100 GR<br>BRANZA 100 GR                                                       | CEAI DE MENTA 250 ML<br>PAINE PRAJITA 50 GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA PIET PUI 200 GR<br>PAINE PRAJITA 50 GR                                                 | CEAI MENTA 250 ML<br>PAINE PRAJITA 50 GR | OREZ FIERT 250 GR,<br>CARNE PORC FIARTA 200 GR<br>PAINE PRAJITA 50 GR                                                  |
| <b>GASTRIC</b>      | LAPTE 250 ML<br>SALAM VICTORIA 100 GR<br>BRANZA TOPITA 35 GR<br>PAINE 100 GR                                        |                                             | CIORBA DE CARTOFI CU OREZ 250 ML<br>CARTOFI NATUR 250 GR CU PIEPT DE PUI 200 GR<br>PAINE 100 GR                                                    |                                          | PESTE MERLUCIU LA TAVA 200GR<br>BRANZA CU SMANTANA 100 GR<br>OREZ CU LAPTE 250 GR<br>PAINE 100 GR                      |
| <b>MEDIC GARDA</b>  | CACAO CU LAPTE 250 ML<br>SALAM VICTORIA 100 GR<br>BRANZA TOPITA 35 GR<br>PAINE 100 GR<br>UNT 20 GR<br>MASLINE 70 GR | BANANE 150-200 GR                           | CIORBA DE PERISOARE CU OREZ 250 ML<br>CARNE PORC 150G GR<br>CARTOFI NATUR 250 GR CU PIEPT DE PUI 200 GR<br>CASTRAVETI MURATI 70 GR<br>PAINE 100 GR | GOGOSI CU CIOCOLATA 80 GR                | PESTE MERLUCIU LA TAVA 200GR<br>BRANZA CU SMANTANA 100 GRSI<br>MAMALIGA 100 GR<br>OREZ CU LAPTE 250 GR<br>PAINE 100 GR |

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| <b>MENIUL ZILEI</b><br><b>MARTI</b><br><b>29.09.2026</b> | <b>DIMINEATA</b><br><b>8:30-9:00</b>                                                                           | <b>GUSTARE</b><br><b>10:00</b> | <b>PRANZ</b><br><b>12:30-13:00</b>                                                                                                                                      | <b>GUSTARE</b><br><b>16:00</b> | <b>SEARA</b><br><b>17:30-18:00</b>                                                                                           |
| <b>TBC,SECHELE</b><br><b>TBC,NEOPLAZII</b>               | LAPTE 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PATE 100 GR<br>PAINE 100 GR<br>OU FIERT 50 GR<br>CASCVAL 100 GR | IAURT GRECESC 140 GR           | CIORBA DE SPANAC CU OREZ,OU SI<br>IAURT 250 ML,PIEPT PUI 150 GR<br>GARINITURA DE OREZ 250 GR CU<br>CHIFTELE CARNE PORC 200 GR<br>SALATA DE VARZA 150 GR<br>PAINE 100 GR | RULOURI CU CAISE 100 GR        | PIPET DE PUI LA TAVA 200GR<br>SOTE DE MAZARE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA,OU SI ZAHAR 250 GR<br>PAINE 100 GR  |
| <b>NTBC</b>                                              | CACAO CU LAPTE 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PATE 100 GR<br>PAINE 100 GR                            |                                | CIORBA DE SPANAC CU OREZ,OU SI<br>IAURT 250 ML<br>GARINITURA DE OREZ 250 GR CU<br>CHIFTELE CARNE PORC 200 GR<br>SALATA DE VARZA 150 GR<br>PAINE 100 GR                  |                                | PIPET DE PUI LA TAVA 200 GR<br>SOTE DE MAZARE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA,OU SI ZAHAR 250 GR<br>PAINE 100 GR |
| <b>HEPATIC</b>                                           | LAPTE 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PATE 100 GR<br>PAINE 100 GR<br>OU FIERT 50 GR<br>CASCVAL 100 GR | IAURT GRECESC 140 GR           | CIORBA DE SPANAC CU OREZ,OU SI<br>IAURT 250 ML,PIEPT PUI 150 GR<br>GARINITURA DE OREZ 250 GR CU<br>CARNE PORC 200 GR<br>PAINE 100 GR                                    | RULOURI CU CAISE 100 GR        | PIPET DE PUI LA TAVA 200 GR<br>SOTE DE FASOLE VERDE 250GR<br>BRANZA 100 GR<br>PAINE 100 GR                                   |

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| DIABET       | LAPTE 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PAINE 100 GR<br>PAINE 100 GR<br>OU FIERT 50 GR<br>CASCVAL 100 GR | IAURT<br>GRECESC<br>140 GR                              | CIORBA DE SPANAC CU OREZ,OU SI<br>IAURT 250 ML,PIEPT PUI 150 GR<br>SOS 250 GR CU CHIFTELE CARNE<br>PORC 200 GR<br>PAINE 100 GR                                         | BISCUIT FARA<br>ZAHAR 60 GR                 | PIPET DE PUI LA TAVA 200 GR<br>SOTE DE FASOLE VERDE 250 GR<br>BRANZA 100 GR<br>PAINE 100 GR                                        |
| ENTEROCOLITA | CEAI DE MENTA 250 ML<br>PAINE PRAJITA 100 GR<br>BRANZA TELEMMA 100 GR                                           | CEAI DE<br>MENTA 250<br>ML<br>PAINE<br>PRAJITA 50<br>GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA CARNE PORC 200 GR<br>PAINE PRAJITA 50 GR                                                                   | CEAI MENTA 250<br>ML PAINE PRAJITA<br>50 GR | OREZ FIERT 250 GR,<br>PIEPT PUI FIARTA 200 GR<br>PAINE PRAJITA 50 GR                                                               |
| GASTRIC      | LAPTE 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PAINE 100 GR<br>PAINE 100 GR                                     |                                                         | CIORBA DE SPANAC CU OREZ,OU SI<br>IAURT 250 ML<br>GARNITURA DE OREZ 250 GR CU<br>CARNE PORC 200 GR<br>PAINE 100 GR                                                     |                                             | PIPET DE PUI LA TAVA 200 GR<br>SOTE DE FASOLE VERDE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA,OU SI ZAHAR 250 GR<br>PAINE 100 GR |
| MEDIC GARDA  | LAPTE 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PAINE 100 GR<br>PAINE 100 GR<br>OU FIERT 50 GR<br>CASCVAL 100 GR | IAURT<br>GRECESC<br>140 GR                              | CIORBA DE SPANAC CU OREZ,OU SI<br>IAURT 250 ML,PIEPT PUI 150 GR<br>GARNITURA DE OREZ 250 GR CU<br>CHIFTELE CARNE PORC 200 GR<br>SALATA DE VARZA 150 GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR                  | PIPET DE PUI LA TAVA 200 GR<br>SOTE DE MAZARE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA,OU SI ZAHAR 250 GR<br>PAINE 100 GR       |

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| MENIUL ZILEI<br>MIERCURI<br>30.09.2026 | DIMINEAȚA<br>8:30-9:00                                                                                                   | GUSTARE<br>10:00      | PRÂNZ<br>12:30-13:00                                                                                                          | GUSTARE<br>16:00           | SEARA<br>17:30-18:00                                                                                                         |
| TBC,SECHELE<br>TBC,NEOPLAZII           | CEAI FRUCTE DE PADURE 250 ML,<br>MUSCHI AZUGA 100 GR<br>UNT 20GR<br>PAINE 100 GR<br>BRANZA TOPITA 35 GR<br>MASLINE 70 GR | BANANE 200 -250<br>GR | CIORBA DE LEGUME CU OREZ 250 ML<br>SI PIEPT DE PUI 150 GR<br>MANCARE DE SPANAC 250 GR CU<br>CARNE PORC 200 GR<br>PAINE 100 GR | RULOURI CU<br>CAISE 100 GR | PESTE MERLUCIU LA TAVA 200 GR<br>PIURE DE CARTOFI 250GR<br>CASTRAVETTI MURATI 70 GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 ML |
| NTBC                                   | CEAI FRUCTE DE PADURE 250 ML,<br>MUSCHI AZUGA 100 GR<br>UNT 20GR<br>PAINE 100 GR                                         |                       | CIORBA DE LEGUME CU OREZ 250 ML<br>MANCARE DE SPANAC 250 GR CU<br>CARNE PORC 200 GR<br>PAINE 100 GR                           |                            | PESTE MERLUCIU LA TAVA 200 GR<br>PIURE DE CARTOFI 250GR<br>CASTRAVETTI MURATI 70 GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 ML |
| HEPATIC                                | CEAI FRUCTE DE PADURE 250 ML,<br>MUSCHI AZUGA 100 GR<br>UNT 20GR<br>PAINE 100 GR                                         | BANANE 200 -250<br>GR | CIORBA DE LEGUME CU OREZ 250 ML<br>SI PIEPT DE PUI 150 GR<br>MANCARE DE SPANAC 250 GR CU<br>CARNE PORC 200 GR                 | RULOURI CU<br>CAISE 100 GR | PESTE MERLUCIU LA TAVA 200 GR<br>PIURE DE CARTOFI 250GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 ML                             |

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|              | BRANZA TOPITA 35 GR<br>MASLINE 70 GR                                                                                     |                                                   | PAINE 100 GR                                                                                                                  |                                             |                                                                                                                             |
| DIABET       | CEAI FRUCTE DE PADURE 250 ML,<br>MUSCHI AZUGA 100 GR<br>UNT 20GR<br>PAINE 100 GR<br>BRANZA TOPITA 35 GR<br>MASLINE 70 GR | BANANE 200 -250<br>GR                             | CIORBA DE LEGUME CU OREZ 250 ML<br>SI PIEPT DE PUI 150 GR<br>MANCARE DE SPANAC 250 GR CU<br>CARNE PORC 200 GR<br>PAINE 100 GR | BISCUITI FARA<br>ZAHAR 60 GR                | PESTE MERLUCIU LA TAVA 200 GR<br>PIURE DE CARTOFI 250GR<br>CASTRAVETI MURATI 70 GR<br>PAINE 100 GR<br>LAPTE 250 ML          |
| ENTEROCOLITA | CEAI DE MENTA 250 ML<br>PAINE PRAJITA 100 GR<br>BRANZA TELEMEA 100 GR                                                    | CEAI DE MENTA 250<br>ML<br>PAINE PRAJITA 50<br>GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA CARNE PORC 200 GR<br>PAINE PRAJITA 50 GR                          | CEAI MENTA<br>250 ML PAINE<br>PRAJITA 50 GR | OREZ FIERT 250 GR,<br>CARNE PORC FIARTA 200 GR<br>PAINE PRAJITA 50 GR                                                       |
| GASTRIC      | CEAI FRUCTE DE PADURE 250 ML,<br>MUSCHI AZUGA 100 GR<br>UNT 20GR<br>PAINE 100 GR                                         |                                                   | CIORBA DE LEGUME CU OREZ 250 ML<br>MANCARE DE SPANAC 250 GR CU<br>CARNE PORC 200 GR<br>PAINE 100 GR                           |                                             | PESTE MERLUCIU LA TAVA 200 GR<br>PIURE DE CARTOFI 250GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 ML                            |
| MEDIC GARDA  | CEAI FRUCTE DE PADURE 250 ML,<br>MUSCHI AZUGA 100 GR<br>UNT 20GR<br>PAINE 100 GR<br>BRANZA TOPITA 35 GR<br>MASLINE 70 GR | BANANE 200 -250<br>GR                             | CIORBA DE LEGUME CU OREZ 250 ML<br>SI PIEPT DE PUI 150 GR<br>MANCARE DE SPANAC 250 GR CU<br>CARNE PORC 200 GR<br>PAINE 100 GR | RULOURI CU<br>CAISE 100 GR                  | PESTE MERLUCIU LA TAVA 200 GR<br>PIURE DE CARTOFI 250GR<br>CASTRAVETI MURATI 70 GR<br>PAINE 100 GR<br>FIDEA CU LAPTE 250 ML |

| MENIUL ZILEI<br>Joi:01.10.2026 |                                                                                                                | DIMINEAȚA<br>8:30-9:00     | GUSTARE<br>10:00                                                                                                            | PRÂNȚ<br>12:30-13:00       | GUSTARE<br>16:00                                                                                                      | SEARA<br>17:30-18:00 |
|--------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------------|-----------------------------------------------------------------------------------------------------------------------|----------------------|
| TBC, SECHELE<br>TBC, NEOPLAZII | CACAO CU LAPTE 250 ML<br>CRENVRUSTI 120 GR<br>OU FIERT 50 GR<br>PAINE 100 GR<br>PATE 100 GR<br>CASCaval 100 GR | IAURT<br>GRECESC 140<br>GR | SUPA DE ROSII CU FIDEA 250 ML SI<br>PIEPT PUI 150 GR<br>MUSACA DE CARTOFI 250 GR CU<br>CARNE DE PORC 200 GR<br>PAINE 100 GR | RULOURI CU<br>CAISE 100 GR | PESTE MERLUCIU 200 GR<br>GARNITURA DE OREZ 250 GR<br>CASTRAVETI MURATI 70 GR<br>FIDEA CU LAPTE 250 ML<br>PAINE 100 GR |                      |
| NTBC                           | CACAO CU LAPTE 250 ML<br>CRENVRUSTI 120 GR<br>OU FIERT 50 GR<br>PAINE 100 GR                                   |                            | SUPA DE ROSII CU FIDEA 250 ML<br>MUSACA DE CARTOFI 250 GR CU<br>CARNE DE PORC 200 GR<br>PAINE 100 GR                        |                            | PESTE MERLUCIU 200 GR<br>GARNITURA DE OREZ 250 GR<br>CASTRAVETI MURATI 70 GR<br>FIDEA CU LAPTE 250 ML<br>PAINE 100 GR |                      |
| HEPATIC                        | CACAO CU LAPTE 250 ML<br>CRENVRUSTI 120 GR<br>OU FIERT 50 GR<br>PAINE 100 GR<br>PATE 100 GR<br>CASCaval 100 GR | IAURT<br>GRECESC 140<br>GR | SUPA DE ROSII CU FIDEA 250 ML SI<br>PIEPT PUI 150 GR<br>CARTOF NATURI 250 GR CU CARNE DE<br>PORC 200 GR<br>PAINE 100 GR     | RULOURI CU<br>CAISE 100 GR | PESTE MERLUCIU 200 GR<br>GARNITURA DE OREZ 250 GR<br>FIDEA CU LAPTE 250 ML<br>PAINE 100 GR                            |                      |

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| DIABET       | CACAO CU LAPTE 250 ML<br>CRENVURUSTI 120 GR<br>OU FIERT 50 GR<br>PAINE 100 GR<br>PATE 100 GR<br>CASCaval 100 GR | IAURT<br>GRECESC 140 GR                           | SUPA DE ROSII CU FIDEA 250 ML SI<br>PIEPT PUI 150 GR<br>MUSACA DE CARTOFI 250 GR CU<br>CARNE DE PORC 200 GR<br>PAINE 100 GR | BISCUITI FARA<br>ZAHAR 60 GR                | PESTE MERLUCIU 200 GR<br>GARINITURA DE OREZ 250 GR<br>CASTRAVETI MURATI 70 GR<br>LAPTE 250 ML<br>PAINE 100 GR          |
| ENTEROCOLITA | CEAI DE MENTA 250 ML<br>PAINE PRAJITA 100 GR<br>BRANZA TELEMEA 100 GR                                           | CEAI DE<br>MENTA 250 ML<br>PAINE PRAJITA<br>50 GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA CARNE PORC 200 GR<br>PAINE PRAJITA 50 GR                        | CEAI MENTA<br>250 ML PAINE<br>PRAJITA 50 GR | OREZ FIERT 250 GR,<br>PIEPT PUI FIERT 200 GR<br>PAINE PRAJITA 50 GR                                                    |
| GASTRIC      | CACAO CU LAPTE 250 ML<br>CRENVURUSTI 120 GR<br>OU FIERT 50 GR<br>PAINE 100 GR                                   | MERE 150 GR                                       | SUPA DE ROSII CU FIDEA 250 ML SI<br>PIEPT PUI 150 GR<br>CARTOFI NATUR 250 GR CU CARNE DE<br>PORC 200 GR<br>PAINE 100 GR     |                                             | PESTE MERLUCIU 200 GR<br>GARINITURA DE OREZ 250 GR<br>FIDEA CU LAPTE 250 ML<br>PAINE 100 GR                            |
| MEDIC GARDA  | CACAO CU LAPTE 250 ML<br>CRENVURUSTI 120 GR<br>OU FIERT 50 GR<br>PAINE 100 GR<br>PATE 100 GR<br>CASCaval 100 GR | IAURT<br>GRECESC 140 GR                           | SUPA DE ROSII CU FIDEA 250 ML SI<br>PIEPT PUI 150 GR<br>MUSACA DE CARTOFI 250 GR CU<br>CARNE DE PORC 200 GR<br>PAINE 100 GR | RULOURI CU<br>CAISE 100 GR                  | PESTE MERLUCIU 200 GR<br>GARINITURA DE OREZ 250 GR<br>CASTRAVETI MURATI 70 GR<br>FIDEA CU LAPTE 250 ML<br>PAINE 100 GR |

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| MENIUL ZILEI<br>VINERI:02.10.2026 | DIMINEAȚA<br>8:30-9:00                                                                                   | GUSTARE<br>10:00        | PRÂNȚ<br>12:30-13:00                                                                                                                      | GUSTARE<br>16:00          | SEARA<br>17:30-18:00                                                                                                                |
| TBC, SECHELE<br>TBC, NEOPLAZII    | LAPTE 250ML<br>BRANZA TOPITA 35GR<br>SALAM VICTORIA 100 GR<br>PAINE 100 GR<br>UNT 20 GR<br>MASLINE 70 GR | IAURT GRECESC<br>140 GR | CIORBA DE FASOLE BOB 250 ML SI<br>SUNCULITA TARANEASCA 150 GR<br>PIURE DE CARTOFI 250 GR CU<br>CHIFTELE CARNE PORC 200 GR<br>PAINE 100 GR | RULOURI CU<br>CAISE 100GR | PIEPT DE PUI LA TAVA 200 GR<br>SOTE DE FASOLE VERDE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA, OU SI ZAHAR 250 GR<br>PAINE 100 GR |
| NTBC                              | LAPTE 250ML<br>BRANZA TOPITA 35GR<br>SALAM VICTORIA 100 GR<br>PAINE 100 GR                               |                         | CIORBA DE FASOLE BOB 250 ML<br>PIURE DE CARTOFI 250 GR CU<br>CHIFTELE CARNE PORC 200 GR<br>PAINE 100 GR                                   |                           | PIEPT DE PUI LA TAVA 200 GR<br>SOTE DE FASOLE VERDE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA OU SI ZAHAR 250 GR<br>PAINE 100 GR  |
| HEPATIC                           | LAPTE 250ML<br>BRANZA TOPITA 35GR<br>SALAM VICTORIA 100 GR<br>PAINE 100 GR<br>UNT 20 GR<br>MASLINE 70 GR | IAURT GRECESC<br>140 GR | CIORBA DE FASOLE BOB 250 ML SI<br>SUNCULITA TARANEASCA 150 GR<br>PIURE DE CARTOFI 250 GR CU<br>CARNE PORC 200 GR<br>PAINE 100 GR          | RULOURI CU<br>CAISE 100GR | PIEPT DE PUI LA TAVA 200 GR<br>SOTE DE FASOLE VERDE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA, OU SI ZAHAR 250 GR<br>PAINE 100 GR |

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| DIABET       | LAPTE 250ML<br>BRANZA TOPITA 35GR<br>SALAM VICTORIA 100 GR<br>PAINE 100 GR<br>UNT 20 GR<br>MASLINE 70 GR | IAURT GRECESC<br>140 GR                           | CIORBA DE FASOLE BOB 250 ML SI<br>SUNCULITA TARANEASCA 150 GR<br>PIURE DE CARTOFI 250 GR CU<br>CHIFTELE CARNE PORC 200 GR<br>PAINE 100 GR | BISCUITI FARA<br>ZAHAR 60 GR                   | PIEPT DE PUI LA TAVA 200 GR<br>SOTE DE FASOLE VERDE 250 GR<br>BRANZA 100 GR<br>PAINE 100 GR                                        |
| ENTEROCOLITA | CEAI DE MENTA 250 ML<br>PAINE PRAJITA 100 GR<br>BRANZA TELEMEA 100 GR                                    | CEAI DE MENTA<br>250 ML<br>PAINE PRAJITA 50<br>GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE PUI PIEPT 200 GR<br>PAINE PRAJITA 50 GR                                              | CEAI MENTA 250<br>ML<br>PAINE PRAJITA 50<br>GR | OREZ FIERT 250 GR,<br>PIEPT PUI 200 GR<br>PAINE PRAJITA 50 GR                                                                      |
| GASTRIC      | LAPTE 250ML<br>BRANZA TOPITA 35GR<br>SALAM VICTORIA 100 GR<br>PAINE 100 GR                               |                                                   | CIORBA DE FASOLE BOB 250 ML<br>PIURE DE CARTOFI 250 GR CU<br>CARNE PORC 200 GR<br>PAINE 100 GR                                            |                                                | PIEPT DE PUI LA TAVA 200 GR<br>SOTE DE FASOLE VERDE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA OU SI ZAHAR 250 GR<br>PAINE 100 GR |
| MEDIC GARDA  | LAPTE 250ML<br>BRANZA TOPITA 35GR<br>SALAM VICTORIA 100 GR<br>PAINE 100 GR<br>UNT 20 GR<br>MASLINE 70 GR | IAURT GRECESC<br>140 GR                           | CIORBA DE FASOLE BOB 250 ML SI<br>SUNCULITA TARANEASCA 150 GR<br>PIURE DE CARTOFI 250 GR CU<br>CHIFTELE CARNE PORC 200 GR<br>PAINE 100 GR | RULOURI CU<br>CAISE 100GR                      | PIEPT DE PUI LA TAVA 200 GR<br>SOTE DE FASOLE VERDE 250 GR<br>BUDINCA DE MACAROANE CU<br>BRANZA OU SI ZAHAR 250 GR<br>PAINE 100 GR |

| MENIUL ZILEI<br>SAMBATA<br>03.10.2026 | DIMINEAȚA<br>8:30-9:00                                                                                                 | GUSTARE<br>10:00        | PRANZ<br>12:30-13:00                                                                                                                                | GUSTARE<br>16:00           | SEARA<br>17:30-18:00                                                                                           |
|---------------------------------------|------------------------------------------------------------------------------------------------------------------------|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|----------------------------------------------------------------------------------------------------------------|
| TBC, SECHELE<br>TBC, NEOPLAZII        | CEAI MUSETEL 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PATE 100GR<br>PAINE 100 GR<br>OU FIERT 50 GR<br>CASCALVAL 100 GR | IAURT GRECESC 140<br>GR | SUPA DE LEGUME CU GALUSTI 250 ML<br>SI PIEPT PUI 150 GR<br>VARZA CALITA 250 GR CU CARNATI<br>OLTENESTI 200 GR SI MAMALIGA 100<br>GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR | CARNE DE PORC LA TAVA 200 GR<br>CARTOFI CU BRANZA LA CUPTOR<br>250 GR<br>COMPOT DE MERE 250 GR<br>PAINE 100 GR |
| NTBC                                  | CEAI MUSETEL 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PATE 100GR<br>PAINE 100 GR                                       |                         | SUPA DE LEGUME CU GALUSTI 250 ML<br>VARZA CALITA 250 GR CU CARNATI<br>OLTENESTI 200 GR SI MAMALIGA 100<br>GR<br>PAINE 100 GR                        |                            | CARNE DE PORC LA TAVA 200 GR<br>CARTOFI CU BRANZA LA CUPTOR<br>250 GR<br>COMPOT DE MERE 250 GR<br>PAINE 100 GR |
| HEPATIC                               | CEAI MUSETEL 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PATE 100GR<br>PAINE 100 GR<br>OU FIERT 50 GR<br>CASCALVAL 100 GR | IAURT GRECESC 140<br>GR | SUPA DE LEGUME CU GALUSTI 250 ML<br>SI PIEPT PUI 150 GR<br>FAOLE VERDE 250 GR CU PIEPT DE<br>PUI 200 GR<br>PAINE 100 GR                             | RULOURI CU CAISE<br>100 GR | CARNE DE PORC LA TAVA 200 GR<br>CARTOFI CU BRANZA LA CUPTOR<br>250 GR<br>COMPOT DE MERE 250 GR<br>PAINE 100 GR |

|              |                                                                                                                       |                                             |                                                                                                                                                  |                                          |                                                                                                                |
|--------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| DIABET       | CEAI MUSETEL 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PATE 100GR<br>PAINE 100 GR<br>OU FIERT 50 GR<br>CASCAVAL 100 GR | IAURT GRECESC 140 GR                        | SUPA DE LEGUME CU GALUSTI 250 ML<br>SI PIEPT PUI 150 GR<br>VARZA CALITA 250 GR CU CARNATI<br>OLTENESTI 200 GR SI MAMALIGA 100 GR<br>PAINE 100 GR | BISCUITI FARA<br>ZAHAR 60 GR             | CARNE DE PORC LA TAVA 200 GR<br>CARTOFI CU BRANZA LA CUPTOR<br>250 GR<br>COMPOT DE MERE 250 GR<br>PAINE 100 GR |
| ENTEROCOLITA | CEAI DE MENTA 250 ML<br>PAINE PRAJITA 100 GR<br>BRANZA TELEMEA 100 GR                                                 | CEAI DE MENTA 250 ML<br>PAINE PRAJITA 50 GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA COPANELE PUI 250 GR<br>PAINE PRAJITA 50 GR                                           | CEAI MENTA 250 ML<br>PAINE PRAJITA 50 GR | OREZ FIERT 250 GR,<br>CARNE PORC FIARTA 200 GR<br>PAINE PRAJITA 50 GR                                          |
| GASTRIC      | CEAI MUSETEL 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PATE 100GR<br>PAINE 100 GR                                      |                                             | SUPA DE LEGUME CU GALUSTI 250 ML<br>FAOLE VERDE 250 GR CU PIEPT DE PUI 200 GR<br>PAINE 100 GR                                                    |                                          | CARNE DE PORC LA TAVA 200 GR<br>CARTOFI CU BRANZA LA CUPTOR<br>250 GR<br>COMPOT DE MERE 250 GR<br>PAINE 100 GR |
| MEDIC GARDA  | CEAI MUSETEL 250 ML<br>SUNCULITA TARANEASCA 100 GR<br>PATE 100GR<br>PAINE 100 GR<br>OU FIERT 50 GR<br>CASCAVAL 100 GR | IAURT GRECESC 140 GR                        | SUPA DE LEGUME CU GALUSTI 250 ML<br>SI PIEPT PUI 150 GR<br>VARZA CALITA 250 GR CU CARNATI<br>OLTENESTI 200 GR SI MAMALIGA 100 GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR               | CARNE DE PORC LA TAVA 200 GR<br>CARTOFI CU BRANZA LA CUPTOR<br>250 GR<br>COMPOT DE MERE 250 GR<br>PAINE 100 GR |

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|----------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------------------------------------------------------------------------------|
| MENIUL ZILEI<br>DUMINICA<br>04.10.2026 | DIMINEATA<br>8:30-9:00                                                                                           | GUSTARE<br>10:00        | PRANZ<br>12:30-13:00                                                                                                                     | GUSTARE<br>16:00           | SEARA<br>17:30-18:00                                                                     |
| TBC, SECHELE<br>TBC, NEOPLAZII         | CACAO CU LAPTE 250ML<br>MUSCHI AZUGA 100GR<br>UNT 20 GR<br>PAINE 100 GR,<br>BRANZA TOPITA 35 GR<br>MASLINE 70 GR | IAURT<br>GRECESC 140 GR | CIORBA DE FASOLE VERDE CU<br>OREZ 250 gr SI CARNE DE PORC<br>150 GR<br>MANCARE DE ROSII 250 GR CU<br>PIEPT DE PUI 200 GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR | PESTE MERLUCIU 200 GR<br>SALATA ORIENTALA 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |
| NTBC                                   | CACAO CU LAPTE 250ML<br>MUSCHI AZUGA 100GR<br>UNT 20 GR<br>PAINE 100 GR,                                         |                         | CIORBA DE FASOLE VERDE CU<br>OREZ 250 GR<br>MANCARE DE ROSII 250 GR CU<br>PIEPT DE PUI 200 GR<br>PAINE 100 GR                            |                            | PESTE MERLUCIU 200 GR<br>SALATA ORIENTALA 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |
| HEPATIC                                | CACAO CU LAPTE 250ML<br>MUSCHI AZUGA 100GR<br>UNT 20 GR<br>PAINE 100 GR,<br>BRANZA TOPITA 35 GR<br>MASLINE 70 GR | IAURT<br>GRECESC 140 GR | CIORBA DE FASOLE VERDE CU<br>OREZ 250 gr SI CARNE DE PORC<br>150 GR<br>MANCARE DE ROSII 250 GR CU<br>PIEPT DE PUI 200 GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR | PESTE MERLUCIU 200 GR<br>SALATA ORIENTALA 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |

|              |                                                                                                                 |                                                   |                                                                                                                                          |                                             |                                                                                          |
|--------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|------------------------------------------------------------------------------------------|
| DIABET       | CACAO CU LAPTE 250ML<br>MUSCHI AZUGA100GR<br>UNT 20 GR<br>PAINE 100 GR,<br>BRANZA TOPITA 35 GR<br>MASLINE 70 GR | IAURT<br>GRECESC 140<br>GR                        | CIOABA DE FASOLE VERDE CU<br>OREZ 250 gr SI CARNE DE PORC<br>150 GR<br>MANCARE DE ROSII 250 GR CU<br>PIEPT DE PUI 200 GR<br>PAINE 100 GR | BISCUITI FARA<br>ZAHAR 60 GR                | PESTE MERLUCIU 200 GR<br>SALATA ORIENTALA 250 GR<br>LAPTE 250 GR<br>PAINE 100 GR         |
| ENTEROCOLITA | CEAI DE MENTA 250 ML, PAINE<br>PRAJITA 100 GR, BRANZA<br>TELEMEA 100                                            | CEAI DE MENTA<br>250 ML<br>PAINE PRAJITA<br>50 GR | SUPA DE MORCOVI 250 ML<br>OREZ FIERT 250 GR<br>CARNE FIARTA COPANELE PUI 200<br>GR<br>PAINE PRAJITA 100 GR                               | CEAI MENTA 250 ML<br>PAINE PRAJITA 50<br>GR | OREZ FIERT 250 GR,<br>PIEPT PUI FIERT 200 GR<br>PAINE PRAJITA 50 GR                      |
| GASTRIC      | CACAO CU LAPTE 250ML<br>MUSCHI AZUGA100GR<br>UNT 20 GR<br>PAINE 100 GR,                                         |                                                   | CIOABA DE FASOLE VERDE CU<br>OREZ 250 GR<br>MANCARE DE ROSII 250 GR CU<br>PIEPT DE PUI 200 GR<br>PAINE 100 GR                            |                                             | PESTE MERLUCIU 200 GR<br>SALATA ORIENTALA 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |
| MEDIC GARDA  | CACAO CU LAPTE 250ML<br>MUSCHI AZUGA100GR<br>UNT 20 GR<br>PAINE 100 GR,<br>BRANZA TOPITA 35 GR<br>MASLINE 70 GR | IAURT<br>GRECESC 140<br>GR                        | CIOABA DE FASOLE VERDE CU<br>OREZ 250 gr SI CARNE DE PORC<br>150 GR<br>MANCARE DE ROSII 250 GR CU<br>PIEPT DE PUI 200 GR<br>PAINE 100 GR | RULOURI CU CAISE<br>100 GR                  | PESTE MERLUCIU 200 GR<br>SALATA ORIENTALA 250 GR<br>GRIS CU LAPTE 250 GR<br>PAINE 100 GR |

- Preparatele pot conține sau pot avea urme de alergeni (ouă, gluten, lactoză, pește, fructe cu coajă).
- Meniurile afișate pot suferi modificări în funcție de disponibilitatea materiilor prime de la furnizori sau alte situații neprevăzute.
- Gramajul produselor din carne este exprimate înainte de prepararea termică.

Manager

Consilier juridic Moltea Adriana

Director medical

Dr. Stănescu Cristiana Felicia

Întocmit

As. Dietetica Badea Nicoleta